

**Maw 'N Paw Kettlekorn
Blue Raspberry**

10.30.09

Nutrition Facts	Amount / Serving	% Daily Value*
	Total Fat 9g	14%
Serving Size (28g)	Saturated Fat 1g	5%
Servings Per Container	Sodium 220mg	9%
Calories 150	Total Carbohydrate 16g	5%
Calories from Fat 80	Dietary Fiber 2g	8%
*Percent Daily Values are based on a 2,000 calorie diet.	Sugars 9g	
	Protein 1g	
	Not a significant source of trans fat, cholesterol, vitamin A, vitamin C, calcium and iron.	

Blue Raspberry

Ingredients – Popcorn, Sugar, Corn Oil, Artificial Flavor, Blue #1, Salt.